

Spirit Soul and Body

God's Instructions Concerning My Body

1 Thessalonians 5:23

23 And the very God of peace sanctify you wholly; and I pray God your whole **spirit and soul and body** be preserved blameless unto the coming of our Lord Jesus Christ. KJV

I Am a Spirit

I have a Soul

I live in a Body

My Flesh is Connected to the Earth

- My Body is connected to the earth by nature of the ingredients it was created from.
- Due to the curse of the fall my body is connected to the nature of the one who currently is the god of this world.

Genesis 2:7

7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. KJV

Genesis 3:17-19

17 Then to Adam He said, ... "Cursed is the ground for your sake; ...NKJV

1 Corinthians 15:46-47

46 But it is not the spiritual life which came first, but the physical and then the spiritual.

47 The first man [was] from out of earth, made of dust (earthly-minded); the second Man [is] the Lord from out of heaven. AMP

James 3:14-16

14 But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.

15 This wisdom descendeth not from above, but is **earthly, sensual, devilish.**

16 For where envying and strife is, there is confusion and every evil work.

KJV

Romans 8:23—*new bodies when earth is released from Adam's curse*

23 And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us. NLT

Philippians 3:20-21—*new bodies with new earth*

20 But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior.

21 He will take our weak mortal bodies and change them into glorious bodies like his own, using the same power with which he will bring everything under his control. NLT

John 6:63—*concerning spiritual life*

63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life. NKJV

Romans 7:5—*in the flesh—old nature*

5 For when we were in the flesh, the motions of sins, which were by the law, did work in our members to bring forth fruit unto death. KJV

New Living Translation

5 When we were controlled by our old nature, sinful desires were at work within us, and the law aroused these evil desires that produced a harvest of sinful deeds, resulting in death.

Romans 7:18

18 For I know that in me (that is, in my flesh,) dwelleth no good thing:KJV

New International Version

18 I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.

1 Corinthians 3:3

3 for you are still controlled by your sinful nature. You are jealous of one another and quarrel with each other. **Doesn't that prove you are controlled by your sinful nature? Aren't you living like people of the world?** NLT

People of the world are controlled by their flesh (sinful nature)

What is the benefit of having my flesh?
My flesh is tied to things earthly and sensual.

Romans 8:12-14

12 Therefore, dear brothers and sisters, **you have no obligation to do what your sinful nature urges you to do.**

13 For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.

14 For all who are led by the Spirit of God are children of God. NLT

What do I do with my body?

Romans 12:1

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. NKJV

Amplified Version

I APPEAL to you therefore, brethren, and beg of you in view of [all] the mercies of God, to make a decisive dedication of your bodies [presenting all your members and faculties] as a living sacrifice, holy (devoted, consecrated) and well pleasing to God, which is your reasonable (rational, intelligent) service and spiritual worship. AMP

What Good is my Body?

1 Corinthians 6:13-20

13 You say, "Food was made for the stomach, and the stomach for food." (This is true, though someday God will do away with both of them.) But you can't say that our bodies were made for sexual immorality. They were made for the Lord, and the Lord cares about our bodies.

14 And God will raise us from the dead by his power, just as he raised our Lord from the dead.

15 Don't you realize that your **bodies are actually parts of Christ**? Should a man take his body, which is part of Christ, and join it to a prostitute? Never!

16 And don't you realize that if a man joins himself to a prostitute, he becomes one body with her? For the Scriptures say, "The two are united into one."

17 But the person who is joined to the Lord is one spirit with him.

18 **Run from sexual sin! No other sin so clearly affects the body as this one does.** For sexual immorality is a sin against your own body.

19 Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, 20 for God bought you with a high price. So you must honor God with your body. NLT

You Must take Responsibility to be the BOSS of Your Body

1 Corinthians 9:24-27

24 Do you not know that in a race all the runners compete, but [only] one receives the prize? So run [your race] that you may lay hold [of the prize] and make it yours.

25 Now every athlete who goes into training conducts himself temperately and restricts himself in all things. They do it to win a wreath that will soon wither, but we [do it to receive a crown of eternal blessedness] that cannot wither.

26 Therefore I do not run uncertainly (without definite aim). I do not box like one beating the air and striking without an adversary.

27 But [like a boxer] I buffet my body [handle it roughly, discipline it by hardships] and subdue it, for fear that after proclaiming to others the Gospel and things pertaining to it, I myself should become unfit [not stand the test, be unapproved and rejected as a counterfeit]. AMP

1 Corinthians 9:27—*New International Version*

27 No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

1 Corinthians 9:27—*Today's English Version*

27 I harden my body with blows and bring it under complete control, to keep myself from being disqualified after having called others to the contest.

1 Corinthians 9:27—*New King James Version*

27 But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.

1 Corinthians 9:27—*Young's Literal Translation*

27 but I chastise my body, and bring [it] into servitude, lest by any means, having preached to others — I myself may become disapproved.

1 Thessalonians 4:4-5

4 that each of you should learn to control his own body in a way that is holy and honorable,

5 not in passionate lust like the heathen, who do not know God; NIV

1 Thessalonians 4:6-8

6 Never harm or cheat a Christian brother in this matter (*KJV-in any manner*) by violating his wife, (for **the Lord avenges all such sins**, as we have solemnly warned you before.

7 God has called us to live holy lives, not impure lives.

8 Therefore, anyone who refuses to live by these rules is not disobeying human teaching but **is rejecting God**, who gives his Holy Spirit to you. NLT

Romans 6:13

13 Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So **use your whole body as an instrument to do what is right for the glory of God**. NLT

Colossians 3:5-10—*God's Instructions Concerning My Body*

5 So kill (deaden, deprive of power) the evil desire lurking in your members [those animal impulses and all that is earthly in you that is employed in sin]: sexual vice, impurity, sensual appetites, unholy desires, and all greed and covetousness, for that is idolatry (the deifying of self and other created things instead of God).

6 It is on account of these [very sins] that the [holy] anger of God is ever coming upon the sons of disobedience (those who are obstinately opposed to the divine will),

7 Among whom you also once walked, when you were living in and addicted to [such practices].

8 But now put away and rid yourselves [completely] of all these things: anger, rage, bad feeling toward others, curses and slander, and foulmouthed abuse and shameful utterances from your lips!

9 Do not lie to one another, for you have stripped off the old (unregenerate) self with its evil practices,

10 And have clothed yourselves with the new [spiritual self], which is [ever in the process of being] renewed and remolded into [fuller and more perfect knowledge upon] knowledge after the image (the likeness) of Him Who created it. AMP

3 John 2

2 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. KJV

3 John 2

2 Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well and prospers. AMP